

SELF APPRAISAL FOR ACADEMIC PERFORMANCE INDEX (API)

Academic

Objectives: 1) To be aware of Self Appraisal

2) To learn filling up Self-Appraisal forms

3) To evaluate and document one's own performance

4) To facilitate Career advancement of teachers

Concept:

Teachers are well familiar with assessment and evaluation of students. Self appraisal helps to figure out what teacher's strengths and weaknesses are. It allows one to take an honest look at oneself. It is a process of self evaluation to determine the level of self-efficiency. It is a part of continuing professional development or career advancement. It has been suggested as an indicator of CAS. As per UGC regulation 2010 on minimum qualifications for appointment of teachers and other academic staff in universities and colleges it is mandatory for all universities and colleges to prepare Performance based Appraisal in the prescribed format for applying to any teaching post or career advancement.

The individual Performance Based Appraisal System (PABS)

Part A:- General Information and Academic Background

1. Name: **Dr. BHALALA JAYESHCHANDRA NANALAL**
2. Father's/Mother's Name: **NANALAL RANABHAI BHALALA**
3. Department: **Psychology**
4. Name of the College: **Smt. R.R. Patel Mahila Arts & Commerce College. Rajkot**
5. Current Designation: **Associate Professor**
6. Current Grade Pay and Grade Pay: **37400-67000 and G. P. - 9000**
7. Date of Last Promotion:
8. Position to which to be Promoted: **Associate Professor (37400-67000 and Grad Pay 9000)**
9. Pay Band expected and Grad Pay: **37400 – 67000 and G. P. - 9000**
10. Date of Eligibility for Promotion:
11. Date and Place of Birth: **27-05-1965, Shaivrajgadh Ta:- Gondal Dis:- Rajkot**
12. Sex: **Male**
13. Marital Status: **Married**
14. Nationality: **Indian**

- e15. Category to which belongs: General
16. Address for Correspondence: 3- Pooja Park Block No.-21 Mayani Chock, - Rajkot.
17. Permanent Address: As Above
18. Contact Numbers: (O) 0281 2571487 (M) 9824267650
19. Email id: jaybhalala9@gmail.com
20. Academic Qualifications:

Examination	Name of Board/University	Year of Passing	% of marks obtained	Division/Class/ Grade	Subjects
S. S. C	GSE Board	1981	51.63 %	Pass	Science
H. S. C	GSE Board.	1986	47 %	Pass	Science
B. A.	Sau. Uni. Rajkot	1989	60 %	First	Psychology
M. A.	Sau. Uni. Rajkot	1991	57.12 %	Second	Psychology
B.ed.	Sau. Uni. Rajkot	1992	75 %	First/Distinction	Geography/History

21. Research Degree:

Name of the Degree	Title of the Thesis	Date of Award as per Uni. Notification	Name of the University
Ph. D.	“A Comparative Study Of Self Concept and Security-In security Among Adolescent in Relation To sex, Habitat and Caste”	1 – December - 2008	Hemchandracharya North Gujarat University, - PATAN

22. Appointments held prior to joining this Institution: N. A.

Designation	Name of the Employer	Date of Joining	Date of Leaving	Pay Band with Grad Pay	Reason for Leaving
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23. Posts held after appointment to this Institution:

Designation	Department	From	To	Pay Band with Grad Pay
Lecturer	Psychology	10-01-1994	Continue	2200-4000

24. Total Teaching Experience (in Years) :

- At under Graduate Level (at previous institution): ----
- At under Graduate Level (at present institution): 21 Years
Total: 21 Years
- At Post Graduate Level (at previous institution): 15 years
- At Post Graduate Level (at present institution): N. A.
Total: 15 Years

25. Research Experience excluding years spent for B.Ed. /Ph.D.: 19 years

26. Field of Specialization under the subject/discipline, if any: Psychology

27. Academic Staff College Orientation/Refresher Courses attended:

Name of the Course	Name of the Academic Staff College	Name of the University	Duration	Sponsoring Agency, if any
Orientation Course	Academic Staff College	Sau. Uni. Rajkot	6-11-95 To 2-12-95	UGC
Refresher Course	Academic Staff College	Sau. Uni. Rajkot	6-9-99 To 26-9-99	UGC
Refresher Course	Academic Staff College	Sau. Uni. Rajkot	11-2-02 To 3-3-02	UGC
Refresher Course	Academic Staff College	S.P Uni. V.V.Nagar	27-11-04 To 17-12-03	UGC

28. Training and Capacity Building Workshops attended:

Name of the Training Programme	Place where held	Name of the Organizing Body	Duration
“Training and Capacity Programme in Psychology”	Ahmadabad Management Association - Ahmadabad	KCG, Government of Gujarat,	30-2-12 To 04-2-12

Part B: Academic Performance Indicators:

Category I: Teaching, Learning and Evaluation related Strategies:

(Maximum total score 125, Minimum API required 75)

1. Lecturers, practical, contact hours (semester wise/annual details) : (Maximum score 50)

Sr. No.	Name of the course/paper taught	Credit weight age of the course	Mode of teaching*	Hours/week allotted	% of class taken as per document record
1	B. A. Sem.-1 P. No.- 1	03	Lecturers &PPT	03	100%
2	B. A. Sem.-2 P. No.- 4	03	Lecturers &PPT	03	100%
3	B. A. Sem.-3 P. No. - 6	03	Lecturers &PPT	03	100%
4	B. A. Sem.-3 P. No. - 7	03	Lecturers &PPT	03	100%
5	B. A. Sem.-4 P. No. - 9	03	Lecturers &PPT	03	100%
6	B. A. Sem.-4 P. No. - 10	03	Lecturers &PPT	03	100%
7	B. A. Sem.-5 P. No. - 11 - P	03+06	Lecturers & Practical	03+06	100%
8	B. A. Sem.-5 P. No. - 12	03+06	Lecturers &PPT	03+06	100%
9	B. A. Sem.-5 P. No. - 13	03	Lecturers &PPT	03	100%

10	B. A. Sem.-6 P. No. - 16 - P	03+06	Lecturers & Practical	03+06	100%
11	B. A. Sem.-6 P. No. - 17	03	Lecturers &PPT	03	100%
12	B. A. Sem.-6 P. No. - 18	03	Lecturers &PPT	03	100%

* **L** = Lecture, **P** = Practical, **S** = Seminar, **AS** = Assignments, **GD** = Group Discussion

ALM = Active Learning Methodology, **FD** = Field Visit, **AO** = Any Other

2. Lectures or other teaching duties in excess of the UGC norms: 18 lectures/week.

(Maximum Score 10)

3. Reading/Instructional material provided, Use of additional Knowledge resources

for subject enrichment: (Maximum Score 20) 100% provided

4. Use of participatory and innovative teaching learning methodologies:

(Use of ICT, Sandhan, E Library, Remedial courses and Skill Modules)(Maximum Score 20)

5. Examination Duties: - Invigilation, Paper setting, evaluation of students at theory/practical

Exam semester -1 to semester – 6 (Maximum Score 25)

Sr. No.	Maximum API Score	API Score Obtained 21-1-2012 to 20-1-2013
1.	50	50
2.	10	10
3.	20	20
4.	20	10
5.	25	25
Total	125	115

Category II: Co-Curricular, Extension and Professional Development Activities:

(Maximum total score 50, Minimum API required 15)

Sr. No.	Name of the Activity	Maximum Score
1.	NSS/NCC/Yoga, Cultural (Saptdhara, Youth Festival), Counselling etc.	20
2.	Members of Academic/Administrative committees, Member of NGOs , Chamber of Commerce, On Deputation to Various Educational Institutes, On Deputation to Educational Department	15
3.	Professional Development Activities such as participation/organization of Seminars/Workshops, Job Fairs, Talks, Field Visits, Study tours. Zonal/State/District level Coordination of Higher Educational Initiatives	15

Sr. No.	Maximum API Score	API Score Obtained last Academic year 18-06-2012 To 24-04-2013
1	20	10
2	15	15
3	15	15
Total	50	40

Category III: Research and Academic Contribution:

1. Published Papers in Journals (International Journals, National Journals, Regional Journals)

Sr. No.	Title with Page No.	Journal	ISSN/ ISBN No.	Impact Factor/Peer Reviewed, if any	No. of co-author	Whether you are main author	API Score (Maximum 15)
1	"A Study of Psychological well being and mental health among post graduate students"	The Refereed International Journal	ISSN : 2321 – 4708	Refereed	1	Yes	15
2	"Impact of Internet on Education and society"	International Multidisciplinary Journal	ISSN : 2321 – 7073	Peer Reviewed	1	Yes	15
3	"A Comparative Study of Self-Concept among Adolescents Students in Relation to Sex and Caste"	The Refereed International Journal	ISSN : 2278-4594	Refereed	1	Yes	15
4	"Stress Manage by YOGA"	International Journal of Indian Psychology	ISSN 2348-5396	Peer Reviewed	1	Yes	15
5	"A Comparative Study Of Suicide Tendency among Student in relation to gender and residential area"	International Journal of Indian Psychology	ISSN 2348-5396	Peer Reviewed	1	Yes	15

2 (A) Articles/Chapters Published in Books:

(International publications, National publications, Regional publications, State publications)

Sr. No .	Title with Page No.	Book, Title, Editor and Publisher	ISSN/ ISBN No.	Whether Peer Reviewed	Number of co-author	Whether you are main author	API Score (Maximum 10)
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(API Score for International 10, National 5, Regional 3 and State 3)

2(B) Full Papers in Conference Proceedings (International, National, State level conferences)

Sr. No .	Title with Page No.	Details of conference publication	ISSN/ ISBN No.	Number of co-author	Whether you are main author	API Score (Maximum 10)
1.	-----	-----	-----	-----	-----	-----

2 (C) Books Published as Single Author or as Editor:

(International publications, National publications, Regional publications, State publications)

Sr. No .	Title with Page No.	Type of Book and Author ship	Publisher ISSN/ISBN No.	Whether Peer Reviewed	Number of co-author	Whether you are main author	API Score (Maximum 90)
1	Emotion Psychology	MNS Publishing	978-81-92875-26-2	Reviewed	1	Yes	
2	Introduction to Neuropsychology	MNS Publishing	978-81-92875-27-2	Reviewed	1	Yes	
3	મૂળભૂત મનોવૈજ્ઞાનિક પ્રક્રિયાઓ	સી. જમનાદાસની કંપની	978-81-910196-0-5	Reviewed	7	Yes	
4	સમાજલક્ષી મનોવિજ્ઞાન	સી. જમનાદાસની કંપની	978-93-81072-30-1	Reviewed	6	Yes	
5	બાળ મનોવિજ્ઞાન	સી. જમનાદાસની કંપની	978-93-83117-04-8	Reviewed	7	Yes	
6	સમાયોજનનું મનોવિજ્ઞાન	સી. જમનાદાસની કંપની	978-93-83117-05-5	Reviewed	6	Yes	
7	વૈયક્તિક સમાયોજનનું	સી. જમનાદાસની	978-93-81072-45-5	Reviewed	6	Yes	

	મનોવિજ્ઞાન	કંપની					
8	સંશોધન પદ્ધતિઓ અને આંકડાશાસ્ત્ર-૨	સી. જમનાદાસની કંપની	978-93-83117-09-3	Reviewed	3	Yes	
9	વર્તનના શારીરિક આધારો (શરીરલક્ષી)	સી. જમનાદાસની કંપની	978-93-83117-06-2	Reviewed	3	Yes	
10	અસાધારણ મનોવિજ્ઞાન	સી. જમનાદાસની કંપની	978-93-83117-08-6	Reviewed	3	Yes	
11	ઔદ્યોગિક મનોવિજ્ઞાન	સી. જમનાદાસની કંપની	978-93-83117-07-9	Reviewed	3	Yes	
12	શૈક્ષણિક મનોવિજ્ઞાન	સી. જમનાદાસની કંપની	978-93-83117-11-6	Reviewed	3	Yes	

(API Score for International Author 50, Editor 10, National Author 25, Editor 5 and Regional Author 15, Editor 3)

3. Ongoing and completed Research Projects and Consultancies:
(Including State Research Projects)

Category	Title	Agency	Period	Grant Mobilized in Rs.	API Score Max. 10 per Project
Ongoing	”	U.G.C.			
Completed	-----	-----	-----	-----	-----

4. Research Guidance:

Sr. No.	No. Enrolled	Thesis Submitted	Degree/Certificate Awarded	API Score
To College Students	-----	-----	-----	2 for each student
M. S.W. or equivalent	4	Yes	Yes	3 for each candidate Total
Ph. D. or equivalent	-----	-----	-----	10 for each candidate, 7 for Thesis Submitted

5. Faculty Development Programmes (Not less than one week duration)

Sr. No.	Programme	Duration	Organized by	API Score
1	Teacher's Training and capacity building programme	6-Days	KCG . EDU.DEPT. GOVT Of GUJARAT	10
2	Short Term Course	6-Days	H.P. Uni. Shimla	10
3	Short Term Course	6-Days	Sau. Uni. Rajkot	10

6. Papers presented in Conferences, Seminars, Workshops, Symposia:

INTERNATIONAL CONFERENCE

No.	Title of Research Paper	Organized By	Sponsored Institution	Venue	API Score (Max. 10)
1	A Study of self concept of the college level students coming from different categories of the society.	10th International and 41th National Conference of the Indian Academy of Applied Psychology (IAAP)	IAAP & National Institute of Technical Teachers Training and research, Chennai	Chennai	
2	A comparative Study of self concept among Adolescents students in relation to sex and caste.	13 th INTERNATIONAL AND 44 th NATIONAL CONFERENCE OF INDIAN ACADEMY OF APPLIED PSYCHOLOGY	IAAP & Department of Psychology, Marthawada University- Aurangabad	Aurangabad	
3	A comparative Study of suicide tendency among students in relation to gender and residential area.	14th International 45 th National and Conference of the Indian Academy of Applied Psychology (IAAP)	IAAP & Department of Psychology, Andhra University- Visakhapatnam	Visakhapatnam	
4	Psychological well-being relation to gender and family structure among teachers.	18th International 49 th National and Conference of the Indian Academy of Applied Psychology	IAAP & Department of Psychology, GSL College- Ahmadabad	Ahmadabad	

NATIONAL CONFERENCE

No.	Title of Research Paper	Organized By	Sponsored Institution	Venue	API Score (Max. 10)
1	A study of adjustment and mental hygiene of diabetes patients of Rajkot city.	Department of Psychology, Saurashtra University, Rajkot	UGC	Rajkot	
2	A study of work satisfaction in students.	Saurashtra Psychology Association & Department of Psychology-Rajkot	Shardapith College-Dwarka	Dwarka	

3	A comparative Study of self concept among Adolescent students in relation to sex and habited.	Manavadar Kelavani Mandal, Manavadar	Manavadar Kelavani Mandal Sanchalit Arts & Commerce College, Manavadar	Manavadar	
4	A study of Psychological well-being and mental health among post graduate students.	Saurashtra Psychology Association-Rajkot	Life-Mission Raj-Rajeswardham, Jakhan-Limbdi	Jakhan-Limbdi	
5	A study of Yoga and mental health among teachers	Smt. R. R. Patel Mahila College & Smt. K. S. N. Kansagara Mahila College-Rajkot	UGC	Rajkot	
6	A study of Psychological well-being among Employees	Smt. K. S. N. Kansagara Mahila College-Rajkot	UGC	Rajkot	
7	Higher education and e-learning	N.S.Patel Arts College, Anand	N.S.Patel Arts College, Anand	Anand	
8	Awareness of Rural Couples About Gender And Female Foeticide	Shri V. M. Mehta Muni. Arts & Com. College-Jamnagar	UGC	Jamnagar	
9	A study of mental health in relation of widow women and married women.	Department of Psychology, JNV. Uni. Jodhpur	IAAP & RPA	Jodhpur	

*** (API Score for International 10, National 7.5, Regional 5 and State 3)

7. Invited Lectures and Chairmanships at International/National/State Level Conferences/
Seminars/Workshops/Training Programmes:

Sr. No.	Title of Academic Session	Title of the Conference/Seminar	Organized by	International/National/Regional	API Score (Max. 10)
1	Management & IT Utsav	Management & IT Utsav	R.B. Hirapara College - Jetpur	Regional	10
2	Training Programs	Initiative in Charges of HEd	KCG of Gujarat	Regional	10

Summary of API Score :

Category	Criteria	Last Academic Year	Total API Score for the Assessment Period	Annual Average API Score for the Assessment Period
I	Teaching, Learning and Evaluation	---	125	115
II	Co-curricular, Extension, Professional Development	---	50	40
Total of I + II		---	175	155
III	Research and Academic Contribution	---	165	52.5

List of Enclosures: 1. Copies of all relevant documents.

- 1.
- 2.
- 3.

(Dr. J.N. Bhalala)

Associate Professor

Signature of Faculty with Designation,

Signature of the Principal

Place : Rajkot

Date : 3-3-13